

Confidential Client Information and Health History

Full Name _____ Date of Birth ____/____/____
 Address: _____ City: _____ State: _____ Zip: _____
 Phone: _____ E-Mail: _____ Best form of contact: _____
 Employer: _____ Occupation: _____
 Emergency contact: _____ Phone: _____ Relationship: _____
 How did you hear about us? _____ Referred by: _____

Please circle any of the conditions below that currently affect you or that you have experienced in the last two years:

MUSCULOSKELETAL

Fibromyalgia
 Spasms/cramps
 Sprains/strains
 Osteoporosis
 Osteoarthritis/rheumatoid arthritis
 Sciatica
 Thoracic outlet syndrome
 Tendonitis
 Torticollis
 Whiplash syndrome
 Carpal tunnel syndrome
 Arm/ Shoulder pain
 Low/ Mid back pain
 Hip Pain
 Headache
 Leg pain

CIRCULATORY

Anemia
 Hemophilia
 Hypertension
 Low blood pressure
 Varicose veins
 Heart condition
 Bleeding abnormalities
OTHER
 Insomnia
 Anxiety/panic attacks
 PMS
 Grief process
 Cancer *if YES please explain

 Chronic fatigue
 HIV/AIDS

NERVOUS SYSTEM

Multiple sclerosis
 Neuritis
 Spinal cord injury
 Stroke
 Trigeminal neuralgia
 Seizure disorders/epilepsy

SKIN

Infections/rash
 Acne
 Dermatitis/ Eczema
 Psoriasis
 Open Wound/ Sores
 Athletes Foot
 Plantar Warts
 MRSA
 Allergies to anything: _____

Are you currently under the care of a physician? _____ Physician's Name: _____

Are you currently taking any blood thinners or any prescribed acne medication, if so what? _____

Are you pregnant or nursing? _____ Weeks? _____ Are you taking birth control in any form? _____

My signature below constitutes my acknowledgement that I am a competent, consenting adult of at least 18 years of age (or my parent or legal guardian is giving consent on my behalf), and further, that I (or my parent or legal guardian); Have read and understand the Information provided in this form; Have had my procedure adequately explained to me by my clinician; Have had the opportunity to ask Questions, and all of my questions have been answered to my satisfaction; Have received all of the information I desire concerning my Procedure; Consent to photographs of the treatment area; Consent to students in the procedure room for instructional purposes; Understand all post-treatment recommendations and agree to adhere to them; freely assume any risks of complications or injury from Known or unknown causes associated with, relating to, or otherwise arising out of this procedure; have the right to consent to or refuse Any proposed procedure at any time prior to its performance; I must notify the clinician if my medical history changes prior to service. With my signature I acknowledge that I have read and understand I am personally responsible for any and all charges for services I receive, and/or services that I authorize for any children for which I am a legal guardian. I further understand missed or cancelled appointments (medical emergencies excluded) without 24 hour notice is subject to payment in full for the missed session or deduction of one treatment from my package.

The above information is accurate and true to the best of my knowledge. I understand that Massage Therapists/Estheticians do not diagnose disease, prescribe medications or manipulate bones. I further understand that massage therapy or esthetic work is not a substitute for medical attention or examination. I take responsibility for alerting my practitioner to any physical, mental or emotional changes that occur with my health. I also understand that cancelled or missed appointments without 24 hours notice (medical emergencies excluded) may be charged in full for the price of the missed session or a deduction from packaged purchased.

Signature: _____ Date: _____